# Educating the Youth to Live the Mass

### Experts from the Manual of the

### Eucharistic Crusade of the Apostleship of Prayer

Published in 1962 by the Central Office of the Eucharistic Crusade, Rome (Edited by Fr. Boulet)

#### THIRD AGE-GROUP

Again at the end of their time in the second Age-group, admission into the next should not be automatic but the children must apply for it. The third Age-group covers children from the ages of twelve to fourteen, i.e. the period of preadolescence.

#### PROGRAM OF THE THIRD AGE-GROUP.

In its principal elements the program remains the same in this group, but it is adapted to the age of the children and brought to greater perfection. There are certain things which deserve special attention, since what is done in this Age-group is undertaken as a preparation of the children for adolescence and youth. Therefore the program at this stage stresses not only the oblation of the Morning Offering according to which life is to be lived, but also the development of the personal spiritual life which must now be formed in them. Thus the axiom that the Mass is to be the center of life must be developed more completely, so now special liturgical formation is given.

#### 1. The formation of the spiritual life.

In the third Age-group, the children have reached that age and maturity of spirit that make them capable of a real spiritual life. This spiritual life is a life which is founded on faith and grace, conducted knowingly and of set purpose according to the law of Christ, and directed to the union of love and sacrifice with Him. To achieve this it is necessary that the children see the law of Christ as embracing the whole of life, looking to all conditions and duties of life and not just a catalogue of laws to be kept. In other words out of love for God they must learn to seek and to fulfill His will in all things.

Therefore the children must come to know the Person of Christ more and more from the Gospels. The picture which they already have of Him must be filled out so that they will be drawn to Christ with their whole heart, their whole mind and all their strength. By doing so, they will be able to build a small collection of principles which should order their whole life and can be useful as a "rule of life."

(To be continued)



# THE GUARDIAN OF CRUSADERS

**Bulletin of the Eucharistic Crusade for Canada** 

October 2009 # 196

# The power of The rosary

Dear Crusaders,

Throughout the year, we encourage you to say the Rosary, but now, there is a special time where it is even more important: this is during the month of October, because it is the month of the Rosary. I am sure you heard your priests, who were encouraging the faithful to join in the Rosary Crusade of Bishop Fellay – 12 million Rosaries!

12 million: that is a huge number! You may think that we will never get it. That is why; you need to tally all the Rosaries that you say. By doing so, you will pray for the pope, who needs lots of strength and courage to be able to consecrate Russia to the Immaculate Heart of Mary.

Here is a story that could help you to be even more convinced of the power of the Rosary. It happened during the life of St. Vincent-de-Paul. One day, St. Vincent was called to a dying man. The poor man was falling into despair, and refused to go to confession. Moreover, he told the saint: "I want to go to hell, to make Jesus sad." St. Vincent answered: "And me, I want to save your soul, to make Jesus happy." Then, the saint asked all the people around him to get on their knees and to say their Rosary for the poor dying man, to beg Our Lady for the grace of conversion of that obstinate sinner. Soon after, the poor sinner's heart softened and realizing that he was at the point of death, finally he made a good and sincere confession and died as a good Catholic.

So, remember, never give up your Rosary: it works miracles!

Father Dominique Boulet

\* On September 13, I say Mass for the intentions of the Eucharistic Crusade in Canada.

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## St. Francis de Sal es and the Sinner Little Talks to Little People

One day, a few hundred years ago, a lady (let's call her Ruth) came to St. Francis de Sales to confess her sins. Ruth had led a very bad life and had done many big sins. But she had prayed to God and confessed her sins with true sorrow. She now wanted to please God and be a very good woman. St. Francis thanked God that Ruth had come back to the Catholic Church and he felt very happy in his soul when he was able to tell her that her sins were now forgiven.

But after Ruth had had her sins forgiven, she said to St. Francis: "My Father, what do you think of me now since you have heard all about my terrible sins?"

To this St. Francis replied: "My child, I now look upon you as a saint. Let people say and think what they like. They may judge you as the Pharisee judged Mary Magdalene after she too had given up her life of sin. But you know what Jesus thought of Mary Magdalene and how He judged her."

Jesus was very pleased with Mary Magdalene when she washed His feet with her tears. And she put nice smelling ointment on His feet, and wiped His feet with her hair. She did this public thing as a sign that she was sorry for her sins and to prove that she loved Jesus.

St. Francis continued: "Your past life does not exist anymore, it is all gone. I cry tears of joy because you have now risen from the grave of sin to a life of grace."

Ruth was now very happy because of what St. Francis had told her. Later the devil tried to tempt her to fall into despair by thinking of her past sins. He wanted Ruth to think that she could never get to Heaven because of her past sins. But Ruth would simply remember the beautiful words that St. Francis de Sales had told her and she was able to get rid of the temptation from the devil.

When you have special sins that you wish that you had never done, remember this story. And remember that God is very merciful and will help you to be good again after you have fallen, if only you will ask Him. But you must try hard not to do any big sins. And you must try as much as possible not to do any little sins as well. You have to work at this, and pray for this grace each day. It is something you have to work at all your life. But it is worth it because you will make Jesus and Mary very happy and when you die you will go to Heaven.

he did not move. The holy archdeacon remained calm and cheerful in his suffering. An angel came to wipe his face and bleeding shoulders. The sight of the angel converted one of the soldiers, and he went up to St. Lawrence and asked to be baptized.

The frantic Prefect now asked the soldiers to get a large iron bed. Lawrence was tied onto the bed with chains and hot coals were placed under him so that he would be slowly cooked. His flesh was soon cooked and little by little the heat was making its way to his heart and stomach. A beautiful light shone from Lawrence's face and his burning body gave off a most sweet odour. He did not feel the tortures because he wanted so much to be with God in Heaven.

Even at this time St. Lawrence kept up his sense of humour for he turned to the Prefect saying: "Let my body now be turned; one side is broiled enough."

The cruel Prefect ordered Lawrence to be turned; then Lawrence said: "Eat now for it is well done!"

Again the Prefect insulted Lawrence, but the martyr continued praying with sighs and tears, begging God to convert the city of Rome. Having finished his prayer a ray of light shone around him. Then he lifted his eyes towards Heaven and died.

God allows you to suffer when you are sick or when you hurt yourself. Your parents, doctors, nurses and medicines help to ease the pain, but do you complain? Do you ask Jesus and Mary to give you grace to suffer this pain for the love of them? Ask St. Lawrence to help you, for he surely will.

There is a beautiful basilica of St. Lawrence in Rome, built over the grave of St. Lawrence. It is one of the seven important most churches in Rome. The tomb of St. Lawrence is under the altar, in a crypt that you can walk into. An altar has been



built on one side of the tomb, which is surrounded by a gate. The relics of the martyrs St. Stephen and St. Justin are also in this basilica.

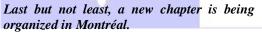
St. Lawrence, pray for us!

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#### NEWS FROM THE EUCHARISTIC CRUSADE ACCROSS CANADA In Québec

At St. Pius X priory in Shawinigan, Québec, on the feast day of St. Pius X, I had the great joy to welcome one new Page, two more Crusaders, one Knight and one Handmaid of Christ.

Also, after the summer months, the activities of the Eucharistic Crusade resumed at Holy Family School, in Lévis, under the care of Fr. Médard Bie Bibang.





# St. Lawrence the Martyr



When St. Sixtus, the archdeacon of Rome, first saw Lawrence, he noticed that the youth was very virtuous. So he took Lawrence under his care and became his teacher.

Sixtus became Pope in 257, and made Lawrence a deacon. Later, even though he was still quite young, the Pope made Lawrence the archdeacon among the seven deacons who served the Catholic Church in Rome. He was also appointed treasurer and had to look after all the money that was given to the church. He gave much of this money to the poor.

During this same year, Emperor Valerian decided to start persecuting the Christians. He told himself that it would only take a matter of

time to destroy the Catholic Church. And to rid the Church of its leaders he would put to death the Pope and all bishops, priests and deacons.

About one year later, the Emperor had his soldiers take Pope Sixtus II away to be killed. While the Pope was walking with the officers, Lawrence followed him with tears, saying, "Father, where are you going without your son? Why do you not take me with you as usual? Are you going to go

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alone to offer yourself as a sacrifice to God? What have I done to displease you that you should leave me?"

"My son, it is not I who leave you," replied the Pope. "Our Lord wants you to fight a harder battle. I am old and feeble and must die after a small fight. But you, who are young and strong, shall have more glory in Heaven. Dry your tears; in three days you shall follow me.

The Pope then told Lawrence: "I want you to immediately give away all the treasures of the church among the poor. I do not want any of these items, especially the sacred Mass vessels to fall into the hands of our pagan enemies." Then the old Pope waved goodbye to his faithful archdeacon.

Lawrence was full of joy, for the Pope had told him that he would soon go to Heaven. He set out immediately looking for the poor—men, women and orphans. He gave them all the money he had in the treasury, and then he sold the sacred vessels and gave the money from these items to them as well.

In the early years the Catholic Church in Rome had much money and riches. The Church helped the priests and deacons and it helped many widows, virgins and 1500 poor people. The Pope and the archdeacon kept a list with the names of all these people.

Some of the officers who led the Pope to prison heard him speak of money and treasures. They repeated the words to the Prefect of Rome. He imagined that the Christians had many hidden treasures. He became very interested in the matter, for he worshiped gold and silver along with his pagan, false gods.

Wanting to find out more about these treasures, he sent for St. Lawrence. When the holy archdeacon stood before the wicked Prefect he said: "You Christians complain that we treat you with cruelty, but now there is no question of tortures. I am told that your priests offer up sacrifice in golden chalices, that the Sacred Blood is received in silver cups and that during your meetings at night you have wax candles in golden candlesticks!"

He continued: "Bring me these hidden treasures for the Emperor needs them to support his army. According to your teachings, you must give to Caesar the things that belong to him. I don't think that your God ever caused money to be made. He brought none into the world with Him. He brought nothing but good words. Then give us the money and be rich in words!"

To this, St. Lawrence replied calmly: "It is true that the Church is rich, and the Emperor does not have any treasure equal to what the Catholic Church has. I will take pleasure in showing you a valuable part of the Church's treasures, but please allow me a little time to put everything in order and make a list."

The Prefect was most delighted and gave St. Lawrence three days to gather together the Church's treasures.

(Continued on page9)

#### (... Continued from page 4)

During the next three days, Lawrence went all over the city of Rome finding the poor who were helped by the Catholic Church. On the third day Lawrence had his treasures gathered together. He placed them in rows before a certain church: there were hundreds of aged, feeble, blind, lame, crippled, lepers, widows, virgins and young orphans. He then went to the home of the Prefect and invited him to come and see the treasures of the Church. The proud Prefect was shocked to see such a number of poor wretches. To him it was a sickening sight, which caused him to be angry and disappointed.

"What are you displeased at?" exclaimed St. Lawrence. "Behold the treasures I promised you! I have even added to them, the gems and precious stones—those widows and consecrated virgins who form the Church's crown. Take these riches and use them for the benefit of Rome, the Emperor, and yourself!"

The Prefect was furious: "Why do you mock me and insult me? I know that you wish to die. But you will not die as soon as you imagine. Your death shall be slow and bitter. You shall die by inches!"

To this Lawrence replied: "Wicked wretch! Do you expect to frighten me with these tortures? To you they may be tortures, but to me they are not. I have long wished for these little sufferings!"

This angered the Prefect even more and Lawrence was dragged away to be tortured. The archdeacon was stripped of his clothes and his naked body was torn with special whips. Then red hot plates of iron were put on his bleeding sides. And all the while Lawrence smiled and prayed to God whom he loved so much.

The Prefect raged like a wild beast: "You're a magician Lawrence. It is impossible to suffer all these tortures with such cheerfulness. Unless you sacrifice to the gods I will add to your torments. Then I will see how much you will smile!"

"Your torments will have an end, answered St. Lawrence, and I do not fear them. Do whatever you want to me. I am prepared for the worst."

The Prefect then ordered Lawrence to be beaten with metal pieces and soon his whole body was all torn and bleeding. St. Lawrence prayed and asked God to take his soul to Heaven. But suddenly the holy archdeacon and all who stood around him heard a voice from Heaven say: "Lawrence, you still have much to suffer!"

"Romans," shouted the evil Prefect, "do you see how the devils help and encourage this fellow who laughs at both the gods and the Emperor? He has no fear of their power, nor any fear of torments!"

Poor Lawrence was then placed on a rack and his body was stretched until every limb was pulled out of place. His flesh was torn with hooks, but

# OctOber 2009

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ST LAWRENCE	<b>PREFECT</b>	ROME
ARCHDEACON	COOKED	MARY
MAGDALENE	MARTYR	<b>JESUS</b>
CONFESSED	HEAVEN	RACK
TREASURES	<b>JUDGED</b>	POOR
ST FRANCIS	SORRY	RUTH
OINTMENT	TEMPT	POPE
FORGIVEN	ANGEL	SINS
ST SIXTUS	DEVIL	GOD

## INTENTION FOR THE MONTH OF October 2009



A newly ordained priest giving his blessing at St. Joseph's church, in Montréal

# Daily offering (To be recited every morning when you wake up)

O Jesus, through the Immaculate Heart of Mary, I offer Thee all my prayers, works, joys and sufferings of this day, for all the intentions of Thy Sacred Heart in union with the Holy Sacrifice of the Mass throughout the world, and in reparation for my sins. I offer them particularly for religious and priestly vocations.

July 20	009 Treas	ure She	ets							
	Daily		Sacr.	Spir.		Dec.	Visit	15	Good	
	Off.	Mass	Com.	Com.	Sacrif.	Ros.	Bl. S.	Min.	Example	Quantity
QC	155	122	117	618	1240	775	122	96	465	5
ON	1304	426	354	1140	3367	7517	400	268	1921	50
MB	112	24	24	37	160	670	8	10	85	4
SK	610	133	118	490	1556	3394	175	96	1409	24
AB										
ВС	298	57	38	97	97	215	47	26	155	10
Total	2479	762	651	2382	6420	12571	752	496	4035	93

#### TREASURE CHART FOR THE MONTH OF OCTOBER 2009

#### TREASURE CHART FOR THE MONTH OF OCTOBER 2009

Day	Daily Offering	Mass	Sacr. Com.	Spir. Com.	Sacrifices	Decades of Rosary	Visits Bl. Sacr.	15 Minutes Silence	Good Example
1									
2									
3									
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Total									

Day	Daily Offering	Mass	Sacr. Com.	Spir. Com.	Sacrifices	Decades of Rosary	Visits Bl. Sacr.	15 Minutes Silence	Good Example
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18									
19									
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Total									

Note about sending your total to the Secretariat:

Vancouver, BC: give it to Mrs. Leung Wilmot, ON: give it to Fr. Peter Scott Welwyn, SK: give it to Mrs. Mailloux Winnipeg, MB: give it to Fr. Gerard Rusak

 $\textbf{Other locations: } \textbf{Preferably, e-mail the total:} \ \underline{\textbf{EucharisticCrusadeCDN@gmail.com}}$ 

Mailing address:

Eucharistic Crusade 905 Rang St. Mathieu E, Shawinigan, QC G9N 6T5

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### October 2009

Total					
of the					
Month					

To be send to the secretariat of the Eucharistic Crusade. See note on previous page.