

# Educating the Youth to Live the Mass

Experts from the Manual of the

## Eucharistic Crusade of the Apostleship of Prayer

Published in 1962 by the Central Office of the Eucharistic Crusade, Rome (Edited by Fr. Boulet)

PROGRAM FOR THE SECOND AGE-GROUP.

*(Continued)*

### 2. As regards the most Holy Eucharist.

Now is the time for children to be more fully instructed on the Mass and to learn, step by step, to make it the center of their lives. Special efforts should be made to assure that the children receive Communion frequently. In the Crusade in which the whole education is under the influence of the Holy Eucharist, we cannot be content with just monthly Communion, especially when the children of today are exposed to ever increasing dangers. Directors however must see that the children are well instructed on how to prepare properly for Communion and teach them how to pray devoutly after Communion and talk to Jesus present in their hearts in their own words.

### 3. As regards the Apostolate.

In the second Age-group children are prepared with prudence for the apostolate. Since there are not many truly apostolic works which children of this age can do, other forms of apostolate — in the wide sense of the word — should be fostered. These can be, for example, charity and courtesy towards parents, brothers, sisters, acquaintances, priests, religious, old people, the sick, and the poor. This sense of charity, which is ever ready to help others and serve them when necessary, should be cultivated diligently. Once this spirit is acquired, the children will afterwards discover much more easily the opportunities for the exercise of a true apostolate. And on the contrary, if their training in charity and courtesy is neglected, the true apostolic spirit will hardly be fostered. The little apostolic works done on occasion will not be of great value and afterwards in adult life apostolic works will often be abandoned entirely.

In this Age-group, more than in the first, the Crusaders can take a greater active part in the running of the group. What exactly they do in this respect depends on their ability and maturity. The rule should be that they do "as much as possible" under the guidance and vigilance of the Directors and their helpers. They should begin very early to organize and run their own affairs for this helps a good deal in forming a social sense in them.



*(to be continued)*



## THE GUARDIAN OF CRUSADERS

Bulletin of the Eucharistic Crusade for Canada

September 2009 # 195

# Back to School !

Dear Crusaders,

Within a few days, you will be back to school. After the long summer vacations, when you had plenty of time to play, it may be hard to put yourselves back under the discipline of school. But keep in mind that it is your duty of state to study hard while being at school.

Do not look for excuses, like those from bad children who pretend to be sick, so as to be able to skip school. As you grow older, there will be many more beautiful and interesting things that you will learn at school. Then, you will thank your parents for providing you with a good education.

Now, let me tell you a story: it is about a man called Claude de Soussi. When Claude was going to school, he often asked for permission to leave the study room. Some could think that Claude was often sick, or that he was a lazy boy? Not at all! Claude was actually asking his supervisor for permission to leave the study room so that he could go to the chapel, to pray at the feet of Our Lord. Of course, Claude was asking such permission only after completing all his home-work for the day. You may not be surprised to hear that Claude told his friends that he preferred the days when there was no school: most children will agree, won't you? But then, it was not for the same reason that Claude enjoyed the days with no school. He said that he loved those days because, then, he could spend more time praying. Sometimes, he would spend two or three hours in adoration before the Blessed Sacrament. Some of his friends followed him quietly to find out where he was going: there were edified by his piety.

May the Good Lord raise some children like Claude in our Eucharistic Crusade!

Father Dominique Boulet

NEWS FROM THE EUCHARISTIC CRUSADE ACCROSS CANADA

*Please send me the reports from the Eucharistic Crusade chapters across Canada, and I will publish them in the upcoming issues.*

**\* On July 5 and August 23, I say Mass for the intentions of the Eucharistic Crusade in Canada.**

**\* Eucharistic Crusade in Canada:**

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**Please notice our New E-mail: [EucharisticCrusadeCDN@gmail.com](mailto:EucharisticCrusadeCDN@gmail.com)**

## THE OLD LADY *Little Talks to Little People*

For a long time an old lady named Anna, suffered from a very painful disease; she had cancer. One day, a dear friend named Hazel came to visit her and pointing to a crucifix hanging on the wall, she said to her: ***“Do ask Our Lord to deliver you from your pains!”***

Anna replied: ***“But why? You show me the Saviour on the cross and tell me to ask Him to free me from my pains! The innocent Jesus is hanging on the cross and does not want to be removed because such is the will of His Heavenly Father. And I, a poor sinner, should ask Jesus to take my cross of pains away?”***

***“Well couldn't you ask Our Lord to take away at least a little bit of your pain?”*** her friend begged.

***“Far be it! Gladly will I suffer for the love of Jesus and Mary because they have both suffered so much for love of me,”*** old Anna replied. ***“You see,”*** Anna continued, ***“I can gain many merits for the Poor Souls in Purgatory and for the conversion of poor sinners. Yes, I can help stop poor sinners from going to Hell!”***

***“Oh! Do tell me more!”*** Hazel encouraged.

***“Yes, Hazel. I will tell you more. Do you remember the story about Our Lady of Fatima and how she appeared to the three children; Lucy, Jacinta and Francesco?”***

***“Yes, I do remember,”*** Hazel said. ***“But I don't know the complete story. I have read a small book about the apparitions at Fatima but I'll bet there are a lot more details that I don't know.”***

***“You are right,”*** answered Anna. ***“Our Lady of Fatima told Lucy that she should say this prayer when making a sacrifice: ‘O Jesus, it is for love of Thee, for the conversion of sinners, and in reparation for the offences committed against the Immaculate Heart of Mary.’ And I wish to console both Jesus and Mary by making many sacrifices for them.”***

***“What a beautiful way to live in union with Jesus and Mary,”*** replied Hazel. ***“I wish I had known about this offering prayer before. Now I can make this offering prayer to Jesus and Mary as often as you do. Why, I can say it when I am washing floors; which I don't like, when I am eating liver; which I hate, when my students at school are misbehaving, when a car splashes me with muddy water... why there are so many ways I can help to save souls that I will go home right now and write down all the different ways that I can think of to help save souls.”***

***“That's wonderful Hazel,”*** replied old Anna. ***“Then you can come back next week and tell me about your ideas. I'll bet that I can use some of them too. Oh, we will have so much fun trying to save souls.”***

You children, who read this, please do the same: Save souls from Hell.

# SAINTS FOR CHILDREN

## St. Louise de Marillac

In 1654, France was at war with other countries and some Daughters of Charity were sent to Calais. There, 500 soldiers were wounded and crowded into a makeshift hospital right on the battlefield. St. Vincent and St. Louise encouraged the Sisters by writing, ***“You are repairing what the war is destroying. Have much compassion and tenderness for the poor soldiers. Heal their wounds and if you can’t do that then help them to die in peace.”***

In 1655, the Archbishop of Paris sent a letter from Rome, approving the Daughters of Charity, and placed them under the direction of St. Vincent’s own congregation of priests.

Louise worried about her son Michael, but St. Vincent de Paul kept an eye on Michael and was satisfied that the young man had turned out to be a truly good fellow. In time Michael got married and seems to have led a good moral life to the end. He came with his wife and daughter to visit his mother on her deathbed and she blessed them tenderly.

In the year 1660, St. Vincent de Paul was eighty years old and quite feeble in body, so Louise was no longer able to visit with him. But Louise was at peace and she happily offered this sacrifice to God.

Louise never wavered in her guidance. Though her daughters were grieving for her, Louise encouraged them: ***“Take great care in serving the poor...love the poor, honour them, my children, as you would honour Christ Himself. Live happily together in peace and harmony. And don’t forget to ask Mary to be your only mother.”***



The next day, St. Louise died on March 15, 1660 and St. Vincent de Paul died only six months after she did. Louise was canonized in 1934.

Louise was a woman whose love knew no bounds. She loved all and cared and prayed for all. Can you not do the same? Can you try to become another Catholic who loves all and wants to help save all people? Try it!

***The End***

Louise was born in Poissy, France, in 1591. She lost her mother when she was still a child, which made it very hard for her. A few years later, her father married a widow with three children, but this stepmother did not welcome little Louise into the family.

However, God had special plans for Louise and she went to live with her aunt, who was a nun in the Dominican Convent in Poissy. The daughters of nobility went to this school and were taught all the fine arts and music that a woman needed in French society. The Sisters loved Louise and they taught her about Jesus and Mary, how to pray, and how to read, write and paint, and about music.



Louise’s father and her uncles were very active in the government during the reign of King Louis XIII. At the same time, Cardinal Richelieu was the Prime Minister of France, in charge of the government. These uncles all belonged to the ***“Devout Party”***, which was a very powerful political party that was against the ideas of Cardinal Richelieu.

The years passed, and Louise grew into a fine young girl. When she was thirteen years old she left the Dominican Convent and went to Paris, France to live in a home for girls. Before long Louise realized that the mistress of the home was quite poor. So she suggested that the mistress take orders from merchants, for clothing and lace. Then Louise and her companions made clothing and lace so that their mistress could sell it to make money for the girls’ home. Even at this time, Louise practised great charity and humility by doing the lowliest household chores, such as cutting wood, and other jobs that a servant would normally have done.



Louise’s father died when she was 15 years old. When she was 18, the Franciscan Nuns came to start a convent in Paris. Louise wished to become a Franciscan Sister, but her confessor told her that it was not her vocation because of her poor health.

In time, a suitable man was found for Louise. She married this man: Anthony Le Gras, on February 5, 1613. They had a son, Michael who gave them much happiness in their married life.

Six years later, Anthony became very sick. Poor Louise blamed herself for her husband's illness because she thought that she had been unfaithful to God's grace. She had long periods of doubts and dryness—the dark night of the soul! Jesus was hiding and Louise could no longer feel His presence, but she still loved Jesus and strived to do His holy will. At this time she met St. Francis de Sales, in Paris. He was a very gentle and understanding priest who gave her very wise and holy guidance. He helped Louise for a few months and then had to leave Paris, but not without placing her under the spiritual care of another good priest.

Not long before the death of her husband, Louise made a vow not to marry again but to devote herself totally to the service of God. After this, God filled her heart with light and made her understand that He wanted her to do some great work in the future and that a certain priest would guide this work. Sometime later, Louise met Fr. Vincent de Paul, a saintly priest who would later become her confessor.



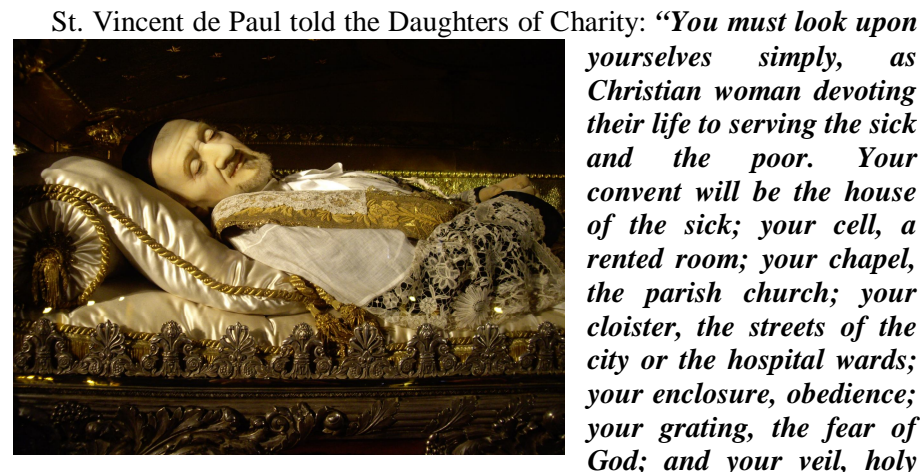
Louise's husband died in December 1625, and she and her son had to move to less expensive housing. St. Vincent then asked her to help him do charitable work for the poor—taking supplies to a poor family, making shirts for men in jail etc. He had organized some groups of charity and one group was called the Ladies of Charity. Louise gave good advice, encouragement and help to these ladies. But these ladies were of a higher class of people and did not have the strength or have enough spare time to do all that was necessary for the poor.

In time, a young country girl named Marguerite joined Louise. Marguerite cared for people who were sick with the plague and then she got the plague and died. More country women came to join Louise and in November 1633, they started a new community called the Daughters of Charity. Louise directed these women well and before long, more women came to join the group.

In 1634 Louise drew up a rule of life for the Daughters of Charity and finally she was able to make the vows, which she had so long wanted to. St. Vincent had never wanted to found a religious order, but God's ways are not our ways. A new type of nun was wanting—a nun who would go out into the streets to help the poor, the sick and the aged. This is what God wanted to add to His long list of different types of nuns, from those who prayed and sacrificed their lives in a cloister to those who were nurses in hospitals.

*(Continued on page9)*

*(... Continued from page 4)*



St. Vincent de Paul told the Daughters of Charity: ***“You must look upon yourselves simply, as Christian woman devoting their life to serving the sick and the poor. Your convent will be the house of the sick; your cell, a rented room; your chapel, the parish church; your cloister, the streets of the city or the hospital wards; your enclosure, obedience; your grating, the fear of God; and your veil, holy modesty!”*** These ideas had a deep spiritual meaning for the Sisters, for their life was one of sacrifice and obedience.

In 1642 four of the Daughters of Charity were allowed to make yearly vows of chastity, poverty and obedience.

The works of the Daughters of Charity multiplied by leaps and bounds. They now did most of the work at the great Paris hospital call the Hotel-Dieu (God's Hotel). A badly treated abandoned child led St. Vincent to set up a home for poor orphans. And even though many of the Ladies of Charity did not know much about reading or writing, they were forced to undertake the teaching of children, who knew even less than they did.

In all these developments, Louise had borne the heaviest part of the burden. She had set a powerful example of taking care of a badly neglected hospital in Angers, France. But the strain of working so hard caused her to suffer a severe breakdown. Later, in Paris she nursed the sick herself during an outbreak of the plague. Her many journeys and difficult duties were indeed very trying for her, but she persevered, counting on Jesus and Mary to help her along the way. Louise was always full of hope and spread around her an atmosphere of joy and peace.

At first, the Daughters of Charity worked only in the parishes of France, but as time went on they spread throughout Paris and into Poland. Before any group left for a new area, Louise prepared them for their departure with great care by giving them useful spiritual and practical advice.

Louise wrote many letters to the Sisters in other areas and she visited them as well. She encouraged her nuns to teach Catechism to the children who knew nothing about God and religion. Nothing was lacking in Louise when it came to practise charity—she saw Jesus Christ in all the poor and the sick.

# September 2009

# INTENTION FOR THE MONTH OF September 2009

C	A	T	E	C	H	I	S	M	S	O	U	L	S
F	R	A	N	C	E	H	O	S	P	I	T	A	L
Q	S	O	L	D	I	E	R	S	L	Q	P	Z	X
S	T	F	R	A	N	C	I	S	A	R	O	M	E
S	L	G	R	A	C	E	Z	X	G	Z	L	X	I
E	O	R	P	H	A	N	S	Z	U	X	A	Z	M
C	U	S	M	X	S	I	S	T	E	R	N	X	M
I	I	R	A	V	O	W	S	N	Z	P	D	C	A
F	S	E	R	L	A	C	E	U	X	O	Z	O	C
I	E	N	Y	Y	A	R	P	N	Z	O	X	N	U
R	Z	N	H	E	L	L	Z	S	X	R	Z	V	L
C	S	I	C	K	X	Z	J	E	S	U	S	E	A
A	T	S	E	I	R	P	C	H	I	L	D	N	T
S	T	V	I	N	C	E	N	T	G	O	D	T	E



Chapel of Our Lady of Mount Carmel Academy, New Hamburg, ON

## Daily offering

(To be recited every morning when you wake up)

O Jesus, through the Immaculate Heart of Mary, I offer Thee all my prayers, works, joys and sufferings of this day, for all the intentions of Thy Sacred Heart in union with the Holy Sacrifice of the Mass throughout the world, and in reparation for my sins. I offer them particularly **for Catholic families and Catholic schools.**

IMMACULATE  
CATECHISM  
ST VINCENT  
SACRIFICES  
ST FRANCIS  
ST LOUISE  
HOSPITAL  
SOLDIERS  
CONVENT  
SINNERS

ORPHANS  
PLAGUE  
POLAND  
FRANCE  
PRIEST  
GRACE  
SISTER  
SOULS  
CHILD  
SICK

ROME  
MARY  
VOWS  
JESUS  
POOR  
PRAY  
LACE  
NUNS  
HELL  
GOD

May 2009 Treasure Sheets										
	Daily Off.	Mass	Sacr. Com.	Spir. Com.	Sacrif.	Dec. Ros.	Visit Bl. S.	15 Min.	Good Example	Quantity
QC	124	103	101	206	684	541	105	171	642	4
ON	1928	568	438	1078	3154	7649	558	1028	1227	46
MB	146	20	19	46	239	693	10	22	143	5
SK	723	161	126	558	1743	4119	394	92	1762	23
AB	82	41	41	45	226	445	119	69	195	3
BC	277	68	36	101	101	260	73	22	141	10
<b>Total</b>	<b>3280</b>	<b>961</b>	<b>761</b>	<b>2034</b>	<b>6147</b>	<b>13707</b>	<b>1259</b>	<b>1404</b>	<b>4110</b>	<b>91</b>
June 2009 Treasure Sheets										
	Daily Off.	Mass	Sacr. Com.	Spir. Com.	Sacrif.	Dec. Ros.	Visit Bl. S.	15 Min.	Good Example	Quantity
QC	150	142	142	240	780	755	142	82	423	5
ON	1076	357	330	1063	3283	7210	372	153	2122	47
MB	90	25	22	28	159	608	9	8	75	4
SK	460	140	124	358	1373	2470	209	99	1703	23
AB	88	26	25	67	351	471	53	28	145	3
BC	307	81	37	92	92	345	71	17	138	14
<b>Total</b>	<b>2171</b>	<b>771</b>	<b>680</b>	<b>1848</b>	<b>6038</b>	<b>11859</b>	<b>856</b>	<b>387</b>	<b>4606</b>	<b>96</b>

**TREASURE CHART FOR THE MONTH OF SEPTEMBER 2009**

Day	Daily Offering	Mass	Sacr. Com.	Spir. Com.	Sacrifices	Decades of Rosary	Visits Bl. Sacr.	15 Minutes Silence	Good Example
1									
2									
3									
4									
5									
6									
7									
8									
9									
10									
11									
12									
13									
14									
15									
16									
Total									

Note about sending your total to the Secretariat:

**Vancouver, BC:** give it to Mrs. Leung

**Wilmot, ON:** give it to Fr. Peter Scott

**Welwyn, SK:** give it to Mrs. Mailloux

**Winnipeg, MB:** give it to Fr. Gerard Rusak

**Other locations: Preferably, e-mail the total:** [EucharisticCrusadeCDN@gmail.com](mailto:EucharisticCrusadeCDN@gmail.com)

Mailing address:

Eucharistic Crusade 905 Rang St. Mathieu E, Shawinigan, QC G9N 6T5

**TREASURE CHART FOR THE MONTH OF SEPTEMBER 2009**

Day	Daily Offering	Mass	Sacr. Com.	Spir. Com.	Sacrifices	Decades of Rosary	Visits Bl. Sacr.	15 Minutes Silence	Good Example
17									
18									
19									
20									
21									
22									
23									
24									
25									
26									
27									
28									
29									
30									
Total									

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**September 2009**

Total of the Month									
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To be send to the secretariat of the Eucharistic Crusade. See note on previous page.